



Dear Families,

To celebrate Children's Mental Health week 2023 we will be supporting the theme of 'Let's Connect' as part of the 'Place 2 Be's' national campaign. We will be participating in a range of activities to raise awareness of the importance of positive mental health including taking part in the 'Dress to Express' initiative.

To celebrate 'Dress to Express' we will be encouraging all pupils and staff to wear an outfit that expresses their personality and makes them feel confident and happy. This will take place on the final day of this half term, Friday 10th February, therefore it will be a non-uniform day but we are not asking for any donations, this is just to raise awareness and allow the children to express themselves in a fun and positive way!

If you would like any further information with regard to supporting children's mental health, please do not hesitate to contact myself and the team: Miss Power, Mrs Smith and Miss White who will be more than happy to help in any way we can.

Many thanks for your continued support

Mrs Jessica Wood

Associate Vice Principal / Inclusion and Family Hub Lead



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