

SUPPORTING CHILDREN'S EMOTIONAL WELL BEING



Supporting Children's Emotional Well-being

Come along and join us for a FREE two and a half hour workshop and learn how to identify and support your children's emotional and mental health.

You will learn strategies and techniques on how you can manage you and your child's mental health effectively, also sharing ideas on how to develop your children's resilience and self-esteem.

This pilot course will be held at:

Study United FC

Sands Venue Stadium (formerly Glanford Park),
Jack Brownsword Way,
Scunthorpe, DN15 8TD

Monday November 23rd 2020

9.30- 12.00

To request a place, please contact:

Customer services:-Tel 01724 297146 or email nlacl.enquiries@northlincs.gov.uk or visit our web site and complete the expression of interest form <https://northlincsadulteducation.co.uk/courses/>



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Lincolnshire
Council**