

FOODIE FUTURES

PROTECT OUR PLANET

TODAY'S MENU

Fish Finger Bap

Served with Potato Wedges & Seasonal Vegetables

Macaroni Cheese

Served with Garlic Bread & Seasonal Vegetables

Salad Bar & Hydration

A range of freshly prepared salads including options championing waste free recipes

Lemon & Mint infused Water

The fish on our
menus is fished
from sustainable
waters

Desserts

Berry Biscuit or Jelly Pots



ISS Classification - Unrestricted



Feeding Hungry Minds



FOODIE FUTURES

PROTECT OUR PLANET

WE CAN HELP TO PROTECT THE PLANET THROUGH CHOOSING TO EAT AND ACT SUSTAINABLY WHEREVER WE CAN.

BY 'EATING SUSTAINABLY' WE MEAN CHOOSING FOODS WHICH:



ARE PRODUCED FAIRLY BY WELL SUPPORTED FARMERS

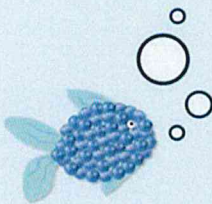


ARE SAFE AND HEALTHY TO EAT



DO NOT HARM THE PLANET

HERE ARE A COUPLE OF EXAMPLES OF HOW OUR SCHOOL FOOD SUPPORTS SUSTAINABLE EATING:

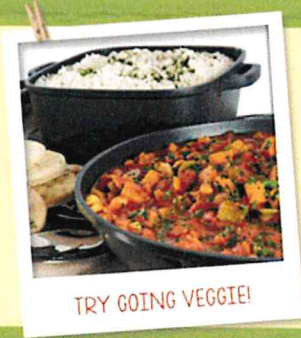


The fish on our menus is fished sustainably. This means we only serve fish on the Marine Conservation Society best choice 'Fish to Eat' list.



We reduce our 'food miles' by sourcing locally where possible to cut down the distances our delivery lorries need to travel

GIVE IT A GO!



TRY GOING VEGGIE!

Look out for the vegetarian and plant-based dishes on your menu.

Eating less meat can reduce environmental impact, so don't be shy... give them a try!

LOOK OUT FOR THIS LABEL ON YOUR SCHOOL MENU!



DO YOU HAVE A QUESTION?

If you do, speak to your school cook or ask a teacher or parent to help you get in touch with us at: hello@feedinghungryminds.co.uk