

Dear Families,

'Well-being Wednesday event' - Wednesday March 30th 1.45-2.45pm.

At Outwood Junior Academy Brumby, Children's Mental Health is a huge priority and we have a dedicated team who work hard to support our pupils with a range of emotional well-being and mental health difficulties. With this in mind, we have arranged a 'Well-Being Wednesday' afternoon event for parents to share the work we do in school, offer support with outside agencies and information on other therapies and organisations that are available locally to help with Children's mental health issues.

Please come and join us for a relaxed and informal coffee and cake afternoon with a wealth of opportunities to find out more information from our team along with some local experts and organisations. Our Mental Health Ambassadors: Miss Power, Mrs Smith and Miss White look forward to welcoming you into the academy along with Mrs Moore (Safeguarding and attendance) and myself, Mrs Wood, as the Senior Mental Health lead. We will all be available throughout the session to chat about any concerns you may have and have plenty of opportunities to share experiences and connect with other parents and families.

This event is available to all family members so why not come along and find out more about Children's Mental health and practical strategies to support your child at home. We will look forward to seeing you all.

Many thanks for your continued support,

Mrs Wood and the Mental Health Team

Vice Principal / Senior Mental Health Lead

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Please indicate below if you would like to attend the event so that we aware of numbers for the day.

I would like to attend the 'Well-being Wednesday Event' on Wednesday 30th March at 1.45pm – 2.45pm

Name of child _____

Class _____ Number of attendees _____