

6a OGAT & Barnsley

FOOD FOR LIFE LEVEL: **BRONZE**HALAL: **No**

Feeding the Future

Monday

Tuesday

Wednesday

Thursday

Friday

Weeks Commencing: 2nd Nov, 23rd Nov, 14th Dec, 4th Jan, 25th Jan, 8th Mar

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| Italian Chicken Meatball Sub with wedges | Moroccan Beef with Cous Cous or Rice | Roast Gammon with Yorkshire Pudding, Roast Potatoes & Gravy | Chicken Stacker served with Savoury Rice | Fish Fingers and Chip with Tomato Ketchup |
| Vegetable Lasagne Garlic Bread | Margarita Pizza served with Potato Wedges | Vegetable Chilli Served with Rice | Cheese and Tomato Puff with Potato wedges | Tarka Dahl Served with Rice |
| Jacket Potato & Cheese, Baked Beans, Coleslaw or Tuna Mayonnaise | Jacket Potato & Cheese, Baked Beans, Coleslaw or Tuna Mayonnaise | Jacket Potato & Cheese, Baked Beans, Coleslaw or Tuna Mayonnaise | Jacket Potato & Cheese, Baked Beans, Coleslaw or Tuna Mayonnaise | Jacket Potato & Cheese, Baked Beans, Coleslaw, Tuna Mayonnaise or Salmon Mayonnaise |
| Cheese, Tuna or Ham Sandwich | Cheese, Tuna or Ham Sandwich | Cheese, Tuna or Ham Sandwich | Cheese, Tuna or Ham Sandwich | Cheese, Tuna or Ham Sandwich |
| Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables |
| Pear & Vanilla Sponge (50%) Vanilla Custard | Lemon Shortbread Cookie | Orange Jelly and Mandarins (50%) | Jam & Coconut Sponge and Custard | Frozen Strawberry Yoghurt |

Weeks Commencing: 9th Nov, 30th Nov, 11th Jan, 1st Feb, 22nd Feb, 15th Mar

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| Chicken and Tomato Pasta Bake | Sausage, Mashed Potato & Gravy | Roast Beef with Yorkshire Pudding, Roast Potatoes & Gravy | Chicken Korma with rice | Battered Fish and Chips with Tomato Ketchup |
| Cheese and Bean Wrap & Wedges | Butterbean and Veg Tagine served with Mash Potato | Chickpea & Mixed Veg Bakti served with Rice | Cheese & Tomato Panini served with Wedges | Vegetable & Lentil Bolognese with Garlic Bread |
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| Cheese, Tuna or Ham Sandwich | Cheese, Tuna or Ham Sandwich | Cheese, Tuna or Ham Sandwich | Cheese, Tuna or Ham Sandwich | Cheese, Tuna or Ham Sandwich |
| Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables |
| Oat and Raisin Cookie | Fruit & Chocolate Pinwheel (50%) | Peach Fool (50%) | Marble Cake with Custard | Berry Muffin |

Weeks Commencing: 16th Nov, 7th Dec, 18th Jan, 8th Feb, 1st Mar, 22nd Mar

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| Beef Pasta Bolognese with Garlic Bread | Ham Puff & Wedges | Roast Pork with Yorkshire Pudding, Roast Potatoes & Gravy | Beef Burger in a Bun with Wedges | Fish Nuggets and Chips with Tomato Ketchup |
| Three Bean Casserole & Boiled Potatoes | Margarita Pizza & Pot Wedges | Quorn Sausage Toad in the Hole, Roast Potatoes & Gravy | Quornish Pasty with Wedges | Macaroni Cheese |
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| Cheese, Tuna or Ham Sandwich | Cheese, Tuna or Ham Sandwich | Cheese, Tuna or Ham Sandwich | Cheese, Tuna or Ham Sandwich | Cheese, Tuna or Ham Sandwich |
| Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables |
| Pear & Berry Cake (50%) Custard | Orange Drizzle Cake | (50%) Ice Cream & Fruit Compote | Jam Roly Poly Custard | Chocolate Sponge and Chocolate Sauce |

Nutrition Plan Code

QW6BRA20P1