



# NEWSLETTER

DATE February 2019

## UP COMING DATES

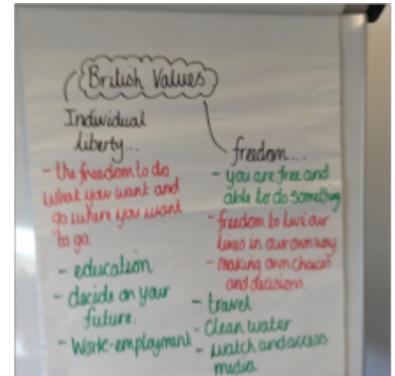
- 7/3/19 World Book Day
- 14/3/19 World Maths Day
- 18/3/19 Science Week
- 1/4/19 Parent's consultation
- 3/4/19 Parent's consultation
- 2/4/19 Y3&5 Easter Disco 4-5:00pm
- 4/4/19 Y4&5 Easter Disco 4-5:00pm
- 5/4/19 Break up for Easter
- 23/4/19 Summer term begins
- 6/5/19 May bank holiday

## Mental Health Week

We supported the national campaign to be 'Healthy inside and out!' where we focused on how to maintain a healthy body and mind. We considered the role of experts in our school, like our Mental Health Champions: Mrs Smith and Miss Power, who are available to talk to if the children are finding things difficult or struggling with mental health. LK2 discussed ways to help develop resilience and how being kind to people can improve our own mental health and the mental health of the people around us. In UKS2, they discussed the dangers of smoking / drugs / alcohol /gaming as things that can become addictive and effect mental health and ways we could avoid such issues. As a result of Mental Health week, our pupils now feel more equipped and knowledgeable on what mental health actually refers to and strategies for how we can boost our own mental well-being and support others too.

## Commando Joe

We introduced Commando Joe last term with children using the CO-JO box in a variety of lessons. The aim of Commando Joe is to help children build essential life skills whilst supporting positive behaviour. There was a fantastic response to the CO-JO box and it was clear to see, across the academy, the impact on children's learning and attitudes whilst adopting key skills from the Outwood learning model.



Talking about and recording ideas as a class of the 5 British Values



Talking to the children in assembly about mental health and who to speak to in times of need

## British Values Week

During British Values week, the children learnt about democracy, the rule of law, individual liberty and mutual respect for and tolerance of those with different faiths and beliefs and for those without faith. The children really engaged with the different learning experiences, from a mock up court case to designing a mascot to represent mutual respect for all. The quality of conservation and the increased awareness of these important values, continues to be seen throughout our academy. What a positive week!



Co-Jo's will develop key skills and qualities