

Dear Parents / Carers,

Next week is National Anti-bullying Week and we will be joining the National campaign by the Anti-Bullying Alliance by taking part in 'Wear Odd Socks day' on Thursday 15th November. We hope that all of our children will join in to raise awareness and celebrate differences. Throughout the week the children will be involved in a range of activities to explore issues relating to bullying.

It is so important that we understand the true meaning of bullying as often the term 'bullying' can be used to describe isolated incidents or situations, however 'Bullying' is defined by the Anti-Bullying Alliance as: **repeated behaviour** which is intended to hurt someone either emotionally or physically. Bullying can take many forms including: physical assault, teasing, making threats, name calling and cyber bullying therefore it is vital that we raise awareness and ensure our children understand **what bullying actually is** and how to deal with situations effectively.

There are a range of useful websites that provide practical advice and support for parents who have concerns surrounding issues relating to bullying:

<https://www.anti-bullyingalliance.org.uk/tools-information/advice-parents/interactive-anti-bullying-tool-parents>

<https://www.bullying.co.uk/advice-for-parents/>

<https://www.kidscape.org.uk/advice/advice-for-parents-and-carers/>

Many thanks for your continued support,

Mrs Wood

Assistant Principal

